AHR Rewards and Benefits
The whole package

We offer a full package of benefits that align to the market and performance, including annual salary reviews and a discretionary bonus scheme.

Financial
- Company pension – salary exchange scheme with 4% employer contributions
- Life assurance scheme
- Season ticket loan commuting
- Season ticket loan parking
- Recommend a friend scheme
- Paid professional fees, memberships and subscriptions

Lifestyle
- 25 days holiday, increasing to 27 days, after 3 years, plus public holidays
- Holiday enhance - option to buy extra leave via salary exchange
- Hybrid working
- Payroll giving
- Company car / car allowance (dependant on role)
- Company mobile phone (dependant on role)
- Flexible working options
- Sabbatical leave

Health and wellbeing
- Health cash plan with support for prescriptions, dental and optical costs
- Cycle to Work scheme
- Discounted Private Medical Insurance (PMI) scheme with BUPA
- Critical Illness Insurance
- Employee Assistance Programme (EAP) including CBT and face to face counselling sessions
- Remote GP 24/7 and physio sessions via Unum/Help@hand
- Wellbeing services – webinars, articles, assessments and toolkits
- Network of Wellbeing Champions and trained Mental Health First Aiders

Recognition
- Discretionary bonus
- Return to work baby bonus
- Service awards

Continuous development / learning
- Support for further education and paid study leave
- Apprenticeships
- Seminars/webinars and soft skills training

Sports and social activities
- Sports and social activities. Each office has a Sports and Social Committee, responsible for organising employee social events throughout the year.
- Annual Winter / Summer parties







Benefit providers may at times change to ensure they continue to offer the best fit and best value.

Last updated: September 2026